



Canadian International School of Hong Kong

香港加拿大國際學校



Friday, January 17th, 2019

Dear Parents and Guardians of 1D,

A student in your child's class has been diagnosed with head lice. Head lice are tiny parasites that live on the human head, they are often confused with dandruff. Eggs are white, yellow, brown or grey in colour; usually shiny, oval in shape; and firmly attached to the hair shaft, whereas dandruff are dull, flaky and fall off easily. Head lice are usually found on the hair, around the hairline, behind the ears or near the neck and occasionally on the eyebrows or beard. Common symptoms include tickling and itchy on the scalp. Excessive scratching may cause bleeding or sores of the scalp, increasing the risk of skin infection.

The main mode of transmission is through direct head-to-head contact with infested people and less commonly through sharing personal items such as combs, hats, etc. Therefore, in order to prevent the spread of head lice, the school would suggest the following interventions:

- examine your child's scalp for the next few weeks.
- encourage your child to avoid sharing combs, hats, brushes and headphones.
- treat your child's hair with anti-lice shampoo or lotions as soon as possible.
- use a fine-toothed comb to remove the lice after treatment – discard them properly.
- check the hair of all members of the household.
- **your child may return to school once they have received treatment**, he/she must be free of head lice before returning to class.
- the school nurse will examine your child's hair upon his/her to school, if nits are still present 48 hours about the initial treatment, the child must be sent home and may not return to school until free of both nits and head lice.

If your child has head lice, please inform me by email or phone. If you have any health-related concerns regarding the class, please do not hesitate to contact me.

Best regards,

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Lower School Nurse
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