



# Canadian International School of Hong Kong

香港加拿大國際學校



Monday, June 10<sup>th</sup>, 2019

Dear Parents and Guardians of 2B,

A student from your child's class has been diagnosed with Influenza B. Parents are advised NOT to send your child to school until fever and are symptoms free. The school nurses are monitoring student absences closely and will report to the Centre of Health Protection should more cases arise. Meanwhile, the school's facilities team are providing extra disinfection services to the classroom daily.

Should your child have a fever, please do not medicate them and send them to school. This is rarely effective. Fever is a sign of illness, sometimes contagious, please let your child rest at home and be observed. Only well children should be in school.

Please be advised of the following precautionary measures suggested by Centre for Health Protection, Department of Health ([www.chp.gov.hk](http://www.chp.gov.hk)):

- check and record your child's body temperature each morning before sending him/her to school and, if your child shows any symptoms of illness, please keep him/her home
- seek medical advice promptly if your child develops fever or symptoms of influenza (e.g. cough, running nose, vomiting, sore throat)
- wash hands with liquid soap and water thoroughly and frequently
- when hands are not visibly soiled, clean them with 70-80% alcohol-based handrub
- cover nose and mouth while sneezing or coughing and wash hands properly afterwards
- wear surgical mask and seek medical advice promptly if symptoms of respiratory tract infection or fever develop
- maintain good ventilation by keeping the windows or doors open
- avoid going to the crowded places or poorly ventilated public places when influenza is prevalent

If your child has influenza-like symptoms, please keep him/her home and see your doctor. If you have any health-related concerns regarding the class, please do not hesitate to contact me.

Regards,

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